## General Equipment

Sleeping bag\* Sleeping mat or hammock\* Pillow Backpack\* (25L minimum) – Bring a bag you're ok getting dirty. Hydration system\* (w/ straw) – 1 liter min. recommended; to be worn as a standalone backpack or in a larger pack. Water bottles\* (x2) – 1-1.5 ltr bottles recommended. Headlamp + extra batteries\* Small Bible\* Map case or other weatherproof covers for Bible Pen & pencil\* Note pad\*

<u>Clothing</u> (Clothing should be comfortable, durable, & natural/camouflage colors. Expect these clothes to be severely soiled and stressed)

Pants x2\* Shorts\* (min. 1 pair) T-shirts\* x2 Underwear Socks\* x2 Running shoes\* Hiking shoes/boots\* Rain Jacket Warm jacket or hoody Beanie Protective gloves\* (like mechanix gloves) (Pack an additional set of regular casual clothing for Sunday afternoon and travel home)

## Misc. Person Items

Small first aid kit and/or foot care items Sunglasses Sunscreen (SPF 30+) Lip balm Flashlight\* Extra batteries\* Personal Hygiene items\* Toothbrush\* Toothpaste\* Bar soap Wash cloth Toilet paper Deodorant Pack towel\* Laundry bag Zip-lock bags for stuff

\* Denotes must have & inspectable items